

## LEAN AND LOOK

One of the most frequent complaints from motorists regarding trucks is unsafe lane changes. Not only could a lane change crash cost thousands of dollars, it could also endanger the lives of many people. One way drivers can help make lane changes safe is by utilizing the Lean & Look method. Mirrors rarely show a complete picture of their surroundings, and with traffic congestion increasing at an exponential rate, it is easy to see how difficult making a lane change can be.

Utilizing the Lean & Look method creates an environment suitable for safe lane changes. It is important to understand the significance of the Lean & Look method. Following these guidelines will help drivers execute right lane changes safely:

1. Signal lane change intentions well in advance.
2. Check all mirrors to ensure no vehicles are sighted.
3. Lean forward and look to the right to ensure the lane is clear. Doing this will help ensure the front right blind spot is not occupied by another vehicle.
4. Move the unit to the right while periodically looking. Look down and to the right as when entering the lane.

### Exercising Proper Driving Technique:

- Use the Lean & Look method illustrated above
- Make sure mirrors are adjusted properly
- Make sure to always check blind spots
- Stay focused and attentive
- Avoid distractions inside the cab
- Scan the road ahead for potential lane change hazards
- Always drive at the posted speed limit